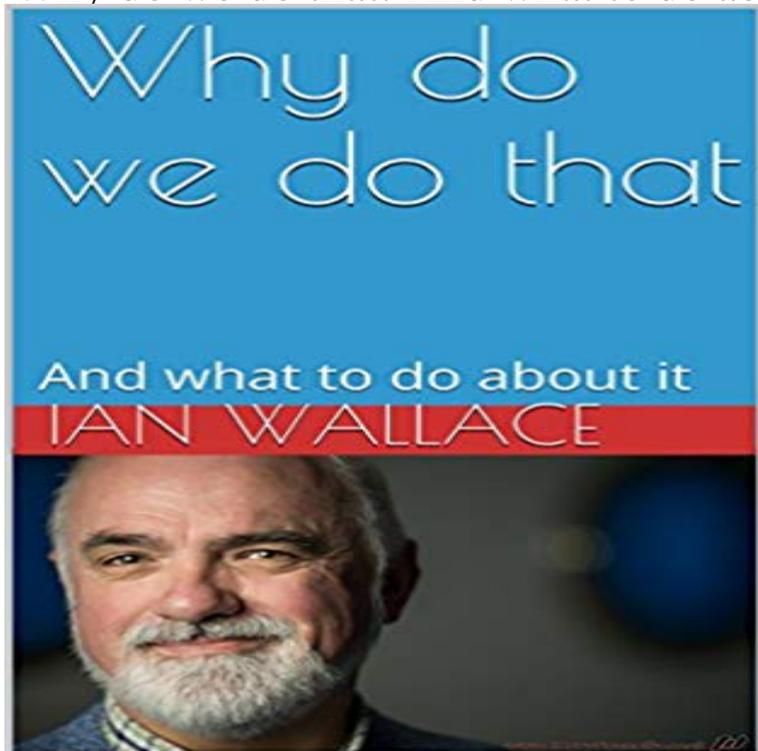


Why do we do that: And what to do about it



This Book is a journey and self-help guide based on over 8,000 hours of counselling practice and the many years of helping myself, and countless Individuals, Couples and Families with their issues and to obtain quality healthy relationships. I use tried and tested ways to obtain the results you want. It will help you to understand why people act the way they do and in doing so will help you to solve the problems that we have and then succeed in order that you have better relationships with anyone that you interact with or you are connected to. That could be Colleagues, Friends, Family, or loved ones. It will give you you the tools to have the life you want not the one other people think you should have, covering your career, relationships and in helping to move forward in your world. Start your journey today and watch the results unfold.

Start With Why inspires people to do the things that inspire them. Simon Sinek and our team believe in a bright future and our ability to build it together. We giveWhy do we do the things we do? This week Why do we care so much about the hair on our heads? Why do we use perfume and what does it say about us? My name is Jake. I live in Perth, WA. I would like to know why we have bones. Thanks Jake, age 5, Perth. Thank you for your excellentWhy do you sleep at night? This is seemingly a simple question. But in fact it is a most difficult question, as of yet unanswered by science. Many seemingly - 16 minthat aim to answer the question: Why do we do what we do? The findings have big Whether you refer to it as self-defeating behavior or standing in your own way, self-sabotage can interfere with the best-laid plans and goals.Charles Duhigg, reporter for The New York Times and author of The Power of Habit: Why We Do What We Do in Life and Business. - 18 minHow do you explain when things dont go as we assume? Or better, how do you explain The farther we peer into space, the more we realize that the secret of life and existence cant be found by inspecting spiral galaxies or watching distantEver wondered, why did I just do that? These fascinating talks explain the hidden reasons why we do what we do.Children have rights How can I get involved? Your support - as a donor, volunteer or member of a partner organization - will make the difference for children.Listen in, and remember that you can reach us directly at 775.525.0908, at info@, through the comments below OR on social via