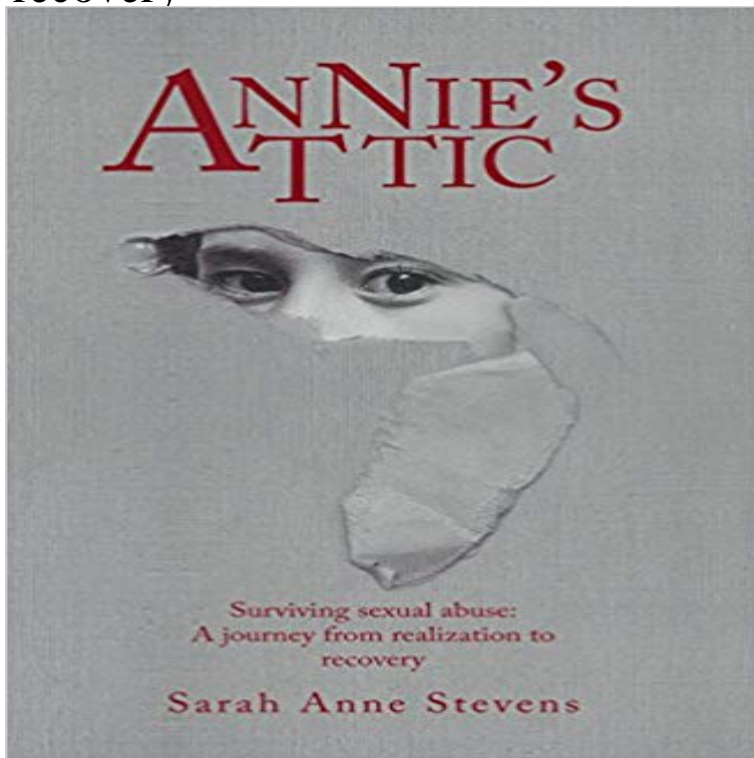


Annie's Attic: Surviving sexual abuse: A journey from realization to recovery



Sarah Anne Stevens lives with persistent depression, desperation, and shamefeelings that swell up from some hidden source. She assumes its her own fault, which just adds strength to her negative emotions. Then, one night, she hears a childs voice crying. No. No. Its not my fault. Im not a bad little girl. The cry comes from within. Hearing it without fully understanding its implications, Stevens embarks on a grueling journey of therapy and self-discoverya journey that reveals hidden memories of horrifying childhood sexual abuse and incest. Stevenss experience mirrors that of thousands of women and men who have been through regressive memory therapy. The treatment has fallen into disfavor, with revealed memories dismissed by psychologists as false memory syndrome. Stevens cannot prove whether or not the memories she experienced were real. But she felt and experienced them as real, and their effectreal or notwas prolonged suffering. Annie's Attic chronicles Stevenss harrowing and painful experiences, which she survives with the help of her therapist, her faith, and an inner strength she never knew existed. Her story will fascinate anyone curious about the events behind closed therapy doors, and offer hope to sexual abuse survivors.

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