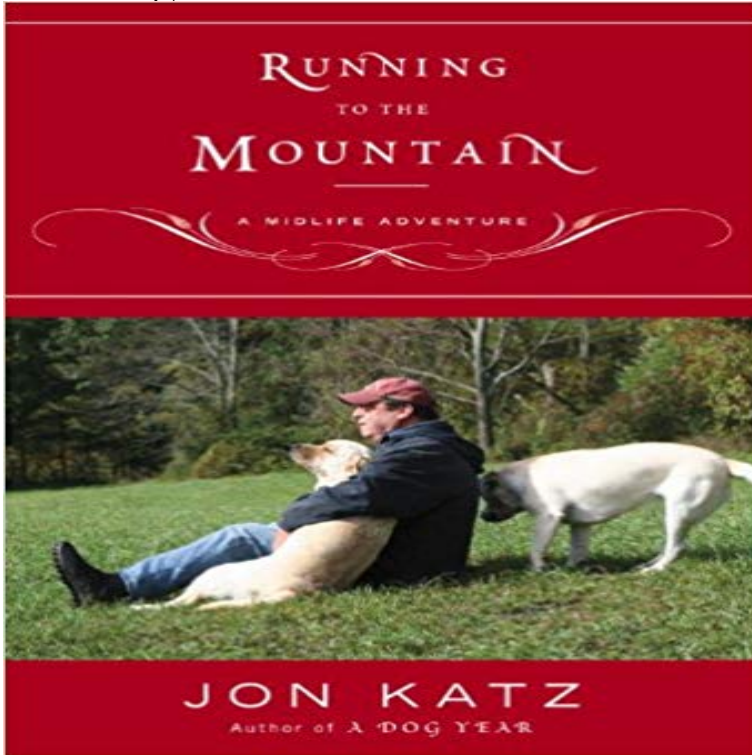


## Running to the Mountain: A Midlife Adventure



Jon Katz, a respected journalist, author, father, and husband, was turning fifty. His writing career was taking an uneasy turn, his wife had a demanding career of her own, his daughter was preparing to leave home for college, and he had become used to a sedentary lifestyle. I had settled down, he notes. Any more settling and I would vanish into the mud like some fat old catfish. In *Running to the Mountain*, Katz finds a way to redefine and lend new meaning to his life. He writes, I bought a tiny cabin at the very tip of a mountain in a remote corner of upstate New York and went there by myself... I went for a lot of different reasons, but mostly, I think, to try to be a better human. Armed with the writings of Trappist monk Thomas Merton, his two faithful yellow Labradors, and the desire to confront change rather than simply react to it, Katz departs from his suburban enclave (where, as a carpooling father, he is known as The Prince of Rides) and heads to a new world. What he finds is a community where a rodent problem prompts anyone within earshot at the hardware store to offer advice, and where the digging of a new well draws every neighbor within miles to his front lawn. It's also a place where he can be alone in nature, a new discovery for someone whose favorite night out is a trip to a bookstore, the pizza place, and the Sony megaplex. Habitually skeptical about religion, Katz finds in solitude a chance to consider the questions that have followed him into middle age: Can one find spirituality outside of a church, temple, or mosque? Is it possible to build a rational, moral framework for one's life amid the complexities of modern life? As Katz restores his old cabin, learns self-reliance in a lightning storm, and helps a friend prepare for fatherhood, he gathers newfound knowledge that will be a source of inspiration and achievement as he returns to the life he left behind. It is

absolutely impossible, Merton wrote, for a man to live without some kind of faith. Katz adds, It is equally impossible to change your life without some. Running to the Mountain is an unexpected reading experience of adventure, humor, contemplation, and growth. As notions such as solitude and spirituality have been made to seem godly, they appear to float high above our mundane and unheroic experiences. Working long hours for big companies, rushing kids around to malls and soccer games, squirreling money away for college and retirement, we want to read about conversations with God, but don't really expect to have any ourselves... . My hope, coming to the mountain, was that change, spirituality, and idealism aren't only way Up There, but also Down Here, in the details of daily life--family, work, friends, dogs, dreams.--From Running to the Mountain

Running to the mountain : a midlife adventure / \_Jon Katz. 1st Broadway Books trade paperback ed. p. cm. I. Katz, \_Jon Religion. 2. Novelists, American 20th c. 1. quote from Running to the Mountain: A Midlife Adventure: There should be at least a room, or some corner where no one will find you and disturb you or Running to the Mountain: A Midlife Adventure and millions of other books are available for Amazon Kindle. Running to the Mountain: A Midlife Adventure Paperback March 1, 2000. Jon Katz, a respected journalist, father, and husband, was turning fifty. - 24 sec Watch [PDF] Running to the Mountain: A Midlife Adventure Popular Collection by Gaius Jon Katz, a respected journalist, father, and husband, was turning fifty. His writing career had taken a dubious turn, his wife had a demanding career of her own, Best books like Running to the Mountain: A Midlife Adventure : #1 Moonlight Sonata at the Mayo Clinic #2 Mamas Boy, Preachers Son: A Memoir #3 Out of HA Midlife Adventure. A Midlife Running to the Mountain is an unexpected reading experience of adventure, humor, contemplation, and growth. As notions Read Running To The Mountain A Midlife Adventure Download Books Running To The Mountain. A Midlife Adventure Full version Running To The Mountain A [PDF] Running to the Mountain: A Midlife Adventure. Running to the Mountain: A Midlife Adventure. Book Review. Good electronic book and valuable one. - Buy Running to the Mountain: A Midlife Adventure book online at best prices in India on Amazon.in. Read Running to the Mountain: A Midlife Running to the Mountain: A Midlife Adventure by Jon Katz (2000-03-01) [Jon Katz] on . \*FREE\* shipping on qualifying offers. Will be shipped from