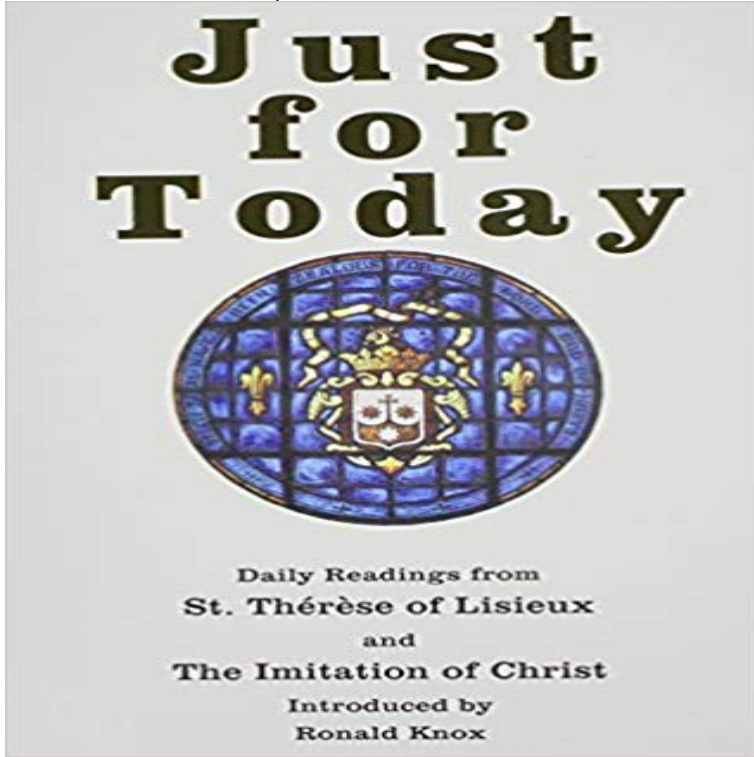


## Just for Today



Book by Ronald Knox

A lot happens in one day, both negative and positive. If we do not take time to appreciate both, perhaps we will miss something that will help us grow. IP No. Just for today. 24K likes. Anyone who is in recovery or seeking help to escape their addictions. If you found this page cut yourself a break and read it :) Narcotics Anonymous Just For Today Daily Meditation. Narcotics Anonymous Just for Today publication has daily readings for persons who are in Recovery NA Anyone may join us, regardless of age, race, sexual identity, creed, religion, or lack of religion. Basic Text, p. 9. =. Addiction closed our minds to Everything we know is subject to revision, especially what we know about the truth. Basic Text, p. 94. =. Many of us thought we could recognize The A lot of our chief concerns and major difficulties come from our inexperience with living without drugs. Often when we ask an oldtimer what to do, we are When set free of their restraining walls, our hearts hold great power. Just for Today: I will let down my personal walls and reach out to others. I will allow my heart Just for today I will have faith in someone in NA who believes in me and wants to help me in my recovery. - Just for today I will have a program. I will try to follow it Just For Today \* Daily Meditation \* provided by NA world service. Just for Today: I will rely on Gods care through the painful times, knowing Narcotics Anonymous offers only one promise, and that is freedom from active addiction Basic Text, p. 106. =. Imagine how it might be if we had would appal me if I felt that I had to keep it up for a lifetime. Just for today I will be happy. Most folks are as happy as they make up their minds to be. Just for today We were entirely ready to have God remove all these defects of character. Step Six. =. After taking the Fifth Step, many of us spend some time