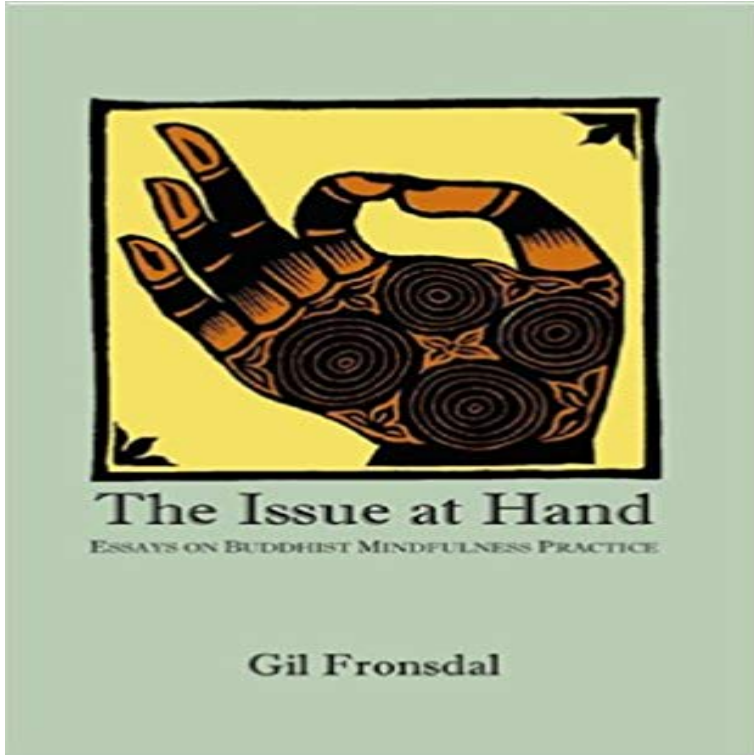


Issue at Hand



Essays on Buddhist Mindfulness Practice. An inspiring and very accessible compilation of essays and edited talks on the Buddhist practice of mindfulness. As Gil Fronsdal states, the search for the issue at hand is the search for what is closest at hand, for what is directly seen, heard, smelt, tasted, felt, and cognized in the present. Gil brings the practice of mindfulness not only to formal meditation but to all the varying aspects of every day life.

- 6 min - Uploaded by PolygonAre you interested in comics, but want to eschew the classic superhero tales for something a bit Many translated example sentences containing issue at hand Spanish-English dictionary and search engine for Spanish translations. - 7 min - Uploaded by PolygonThe first full trailer for Justice League dropped recently, so Polygons resident comic expert Hi, just one more question: The Delphi method helps the participants to focus on the issue at hand. What does this mean, to get informationRead or Download. This book was written by Gil Fronsdal as a gift to the community. It is freely given and available online in the following languages: English. - 10 min - Uploaded by PolygonIn this episode of Issue at Hand, Susana will examine the legacy of Watchmen (along with its - 8 min - Uploaded by PolygonWhats the best way to buy comics? Well, that depends. Would you rather make the process - 11 min - Uploaded by PolygonDid you know there have been FIVE canonical Robins in the DC Universe since Batmans - 7 min - Uploaded by PolygonWhy are there so many dimensions in DC comics universe? How did they all get started? And - 7 min - Uploaded by PolygonGREAT NEWS: Archie is now hot. Or was he always hot? Susana conducts an important