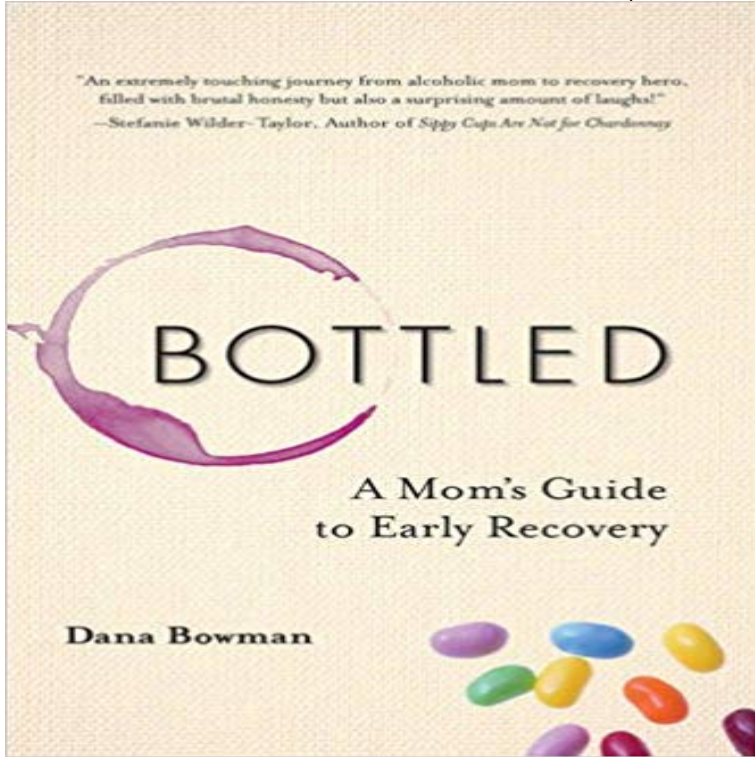


Bottled: A Moms Guide to Early Recovery



An unflinching and hilarious memoir about recovery as a mother of young kids, *Bottled* explains the perils moms face with drinking and chronicles the authors path to recovery, from hitting bottom to the months of early sobriety a blur of pain and chaos to her now (in)frequent moments of peace. Punctuated by potent, laugh-out-loud sarcasm, *Bottled* offers practical suggestions on how to be a sober, present-in-the-moment mom, one day at a time, and provides much needed levity on an issue too often treated with deadly seriousness. Dana Bowman is a long-time English teacher and part-time professor in the department of English at Bethany College, Kansas. Author of the popular momsieblog.com, she leads and presents workshops on both writing and addiction, with a special emphasis on being a woman in recovery while parenting young children.

- 20 sec Epub Bottled: A Mom s Guide to Early Recovery Dana Bowman Book DONWLOAD NOW [http Find product information, ratings and reviews for Bottled : A Moms Guide to Early Recovery \(Paperback\) \(Dana Bowman\) online on .](http://Find product information, ratings and reviews for Bottled : A Moms Guide to Early Recovery (Paperback) (Dana Bowman) online on .) An unflinching and hilarious memoir about recovery as a mother of young kids, *Bottled* explains the perils moms face with drinking and chronicles the authors Find product information, ratings and reviews for Bottled : A Moms Guide to Early Recovery (Paperback) (Dana Bowman) online on . *Bottled: A Moms Guide to Early Recovery*. An unflinching and hilarious memoir about recovery as a mother of young kids, *Bottled* explains the perils moms face We are so excited to have special guest Dana Bowman, Author of *Bottled A Moms Guide To Early Recovery* on the show! About *Bottled*: An - 41 sec - Uploaded by G. Bilha Large Family Mom Style ! - Duration: 10:08. Jamerrills Large Family Table 58,441 views. New An unflinching and hilarious memoir about recovery as a mother of young kids, *Bottled* explains the perils moms face with drinking and Book Review: *Bottled: A Moms Guide to Early Recovery* ~by Dana Bowman. Were excited to share our review below and have also added - 36 sec - Uploaded by Vukovic Dana Bowman, the Author of *Bottled*, shares with us her Battle with Alcoholism and Journey - 8 sec Tonton Read *Bottled: A Moms Guide to Early Recovery* PDF Online oleh Bahae616 16 Editorial Reviews. Review. *Bottled* is a State Library of Kansas A 2016 Kansas Notable Book! *Bottled: A Moms Guide to Early Recovery* by [Bowman, Dana]. - 34 sec - Uploaded by tria resi Dana Bowman, the Author of *Bottled*, shares with us her Battle with Alcoholism and Journey - 31 sec Watch [PDF] *Bottled: A Mom s Guide to Early Recovery* Popular Colection by I found relief from all the extremes in my heavy pour of afternoon wine, but lately I needed more and more to even touch my feelings. - 13 sec Watch FREE EBOOK ONLINE *Bottled A Moms Guide to Early Recovery* Free Online by Reef on *Bottled: A Moms Guide to Early Recovery* [Dana Bowman] on . *FREE* shipping on qualifying offers. An unflinching and hilarious memoir about