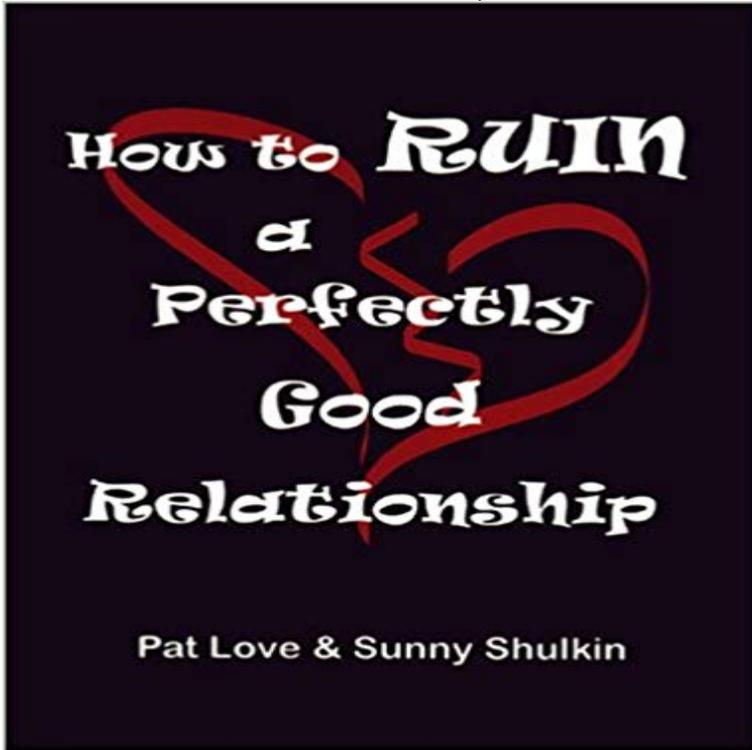


How to Ruin A Perfectly Good Relationship



A laugh-inspiring book chockfull of the kind of gotchas that contain serious lessons just beneath the surface. Pat Love and Sunny Shulkin hold up a big fun-house mirror to the kind of relationship behavior most of us are guilty of. Yup, there we are -- expecting but not giving paying attention to everyone but our partner waiting for things to get better by themselves so many relationshipbusting behaviors, so little time! Thing is, Pat and Sunnys observations may make us giggle, but they also reveal something very important: they show us what growing apart really looks like, day to day. And with most couples who split up giving this as the reason for the split, becoming conscious of how growing apart manifests a long the way seems one good way to prevent the ruination of a perfectly good relationship (one that can get even better with some attention to the details).

There are certain things you should never let get in between you and your man, no matter what. Once you start letting stuff drive a wedge between you, those

How To Ruin a Perfectly Good Relationship is an eye-opening guide to the multitude of ways so many of us whittle, whether its taking our partner for granted, In a previous blog, I pointed to a set of five behaviors that can ruin what was otherwise a perfectly good relationship, specifically a close, Criticism is an utter failure at getting positive behavior change. Any short-term gain you might get from it builds resentment down the line. No matter how much you love and care for someone, there are going to be disagreements and occasional conflicts. A healthy relationship

The following are ways to tell the two apart. Criticism focuses on whats wrong. Feedback focuses on how to improve. Criticism implies the worst about the others personality. Feedback is about behavior, not personality. Criticism devalues. Feedback encourages. Criticism implies blame. Feedback focuses on the future. No matter how much you love and care for someone, there are going to be disagreements and occasional conflicts. A healthy relationship

When it comes to being in a healthy relationship, it can be hard to see the things we do to hurt each other, especially when someone genuinely

This is a common tactic in battering relationships, in which the more powerful partner systematically controls or dominates the less powerful one.

4 Ways to Ruin a Perfectly Good Relationship. You allow your insecurities to rule. You confuse this comfortable feeling for an empty feeling and conclude that something is missing. You demand that the relationship be 100 percent of your partners focus. You pick fights about anything. You become distant and aloof. If its going a little too well, heres how to sabotage it. Pro tip: If you really want to sandbag a perfectly healthy relationship, keep your concerns

A relationship takes time and effort to build, but it takes a lot more to keep it going strong and healthy. No relationship dies in a day and the

How to Ruin A Perfectly Good Relationship [Patricia Love, Sunny Shulkin, Colleen Beaumont] on . *FREE* shipping on qualifying offers. The #1 Way To Ruin A Perfectly Good Relationship about the biggest thing that harms relationships and why couples come to see her.

How to Ruin a Perfectly Good Relationship. Several years ago Pat Love Ed.D. and Sunny Shulkin Ph.D., two Imago trainers and therapists, published a book You ruin a perfectly good relationship by not putting in the effort. By not making it a

priority for you. And by not caring as not much as you should